



A&T

CRUMBED PRAWN CUTLETS



Nutrition Information

Servings per package: 10
Serving size: 100gm

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1113kj	1113kj
Protein	6.7g	6.7g
Fat, total	15.4g	15.4g
- saturated	4.1g	4.1g
Carbohydrate	24.8g	24.8g
- sugars	1.7g	1.7g
Sodium	543mg	543mg

Features & Benefits

- ✔ Butterfly prawn, tail on with a light gourmet crumb.
- ✔ Ideally suited for clubs, pubs, takeaways & Cafes.
- ✔ Cook from frozen.
- ✔ Portion control for convenience.

Cooking: Deep-fry from frozen at 180°C for 3-4 minutes.

10/15 Code: CRUM43 **Packed:** 6 x 1kg
16/20 Code: CRUM44 **Packed:** 6 x 1kg

INGREDIENTS: Prawn (crustacean) 40%, wheat flour, soyabean oil, water, modified tapioca starch (E1420), corn starch, vegetable shortening (palm oil (non-hydrogenated)), modified corn starch (E1404), sugar, raising agents (E450, E500), yeast thickeners (E412), bread improver (corn starch, E170, E516, E300, alpha-amylase), acidity regulators (E451, E330), palm oil, spice (white pepper).
ALLERGY ADVICE: Contains: crustacean, wheat, gluten, soybean. May be present: mollusc, fish, egg, milk, sesame, sulphites.



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